



Primiero week

Dolomites Orienteering 3 Days

4th - 8th July 2023

WRE Middle Distance on July 8th



Bulletin 3

June

www.dolomiti3days.com



Primiero week

Dolomites Orienteering 3 Days

www.dolomiti3days.com

TRENTINO



FEDERAZIONE
ITALIANA
SPORT
ORIENTAMENTO



COMUNITA' DI PRIMIERO



COMUNE DI PRIMIERO
SAN MARTINO DI CASTROZZA



TRENTINO

Welcome !

Competition program

Monday 3rd July 2023

Opening event office and secretary 15:00-19:00 / 20.00-21.30
Event Center - via Dante, 6 • Fiera di Primiero - Primiero San Martino di Castrozza (TN)
(46.174219, 11.828674)
Official training (Alpe Tognola)

Tuesday 4th July 2023

1st village stage: Fiera di Primiero
Opening secretary 12.00 - First start 14:30
Opening race office and secretary 20:30-21:30 (Event Center)

Wednesday 5th July 2023

2nd village stage: San Martino di Castrozza
Opening secretary 09.00 - First start 10:30 - 2 Days prize giving ceremony near the arena
Opening race office and secretary 20:00-22:00 (Event Center)

Thursday 6th July 2023

Dolomites 3 Days: 1st stage - Col Margherita (Passo San Pellegrino) - long distance
Opening secretary 08.30 - First start 10:30
Opening race office and secretary 20:30-21:30 (Event Center)

Friday 7th July 2023

Dolomites 3 Days: 2nd stage - Val Venegia - middle distance
Opening secretary 08.30 - First start 10:30
Opening race office and secretary 20:30-21:30 (Event Center)

Saturday 8th July 2023

Dolomites 3 Days: 3rd stage - Passo Rolle - middle/long distance (WRE Elité class)
Opening secretary 08.30 - First start 10:30 - 3 Days prize giving ceremony near the arena

Training maps: at the event center or secretary

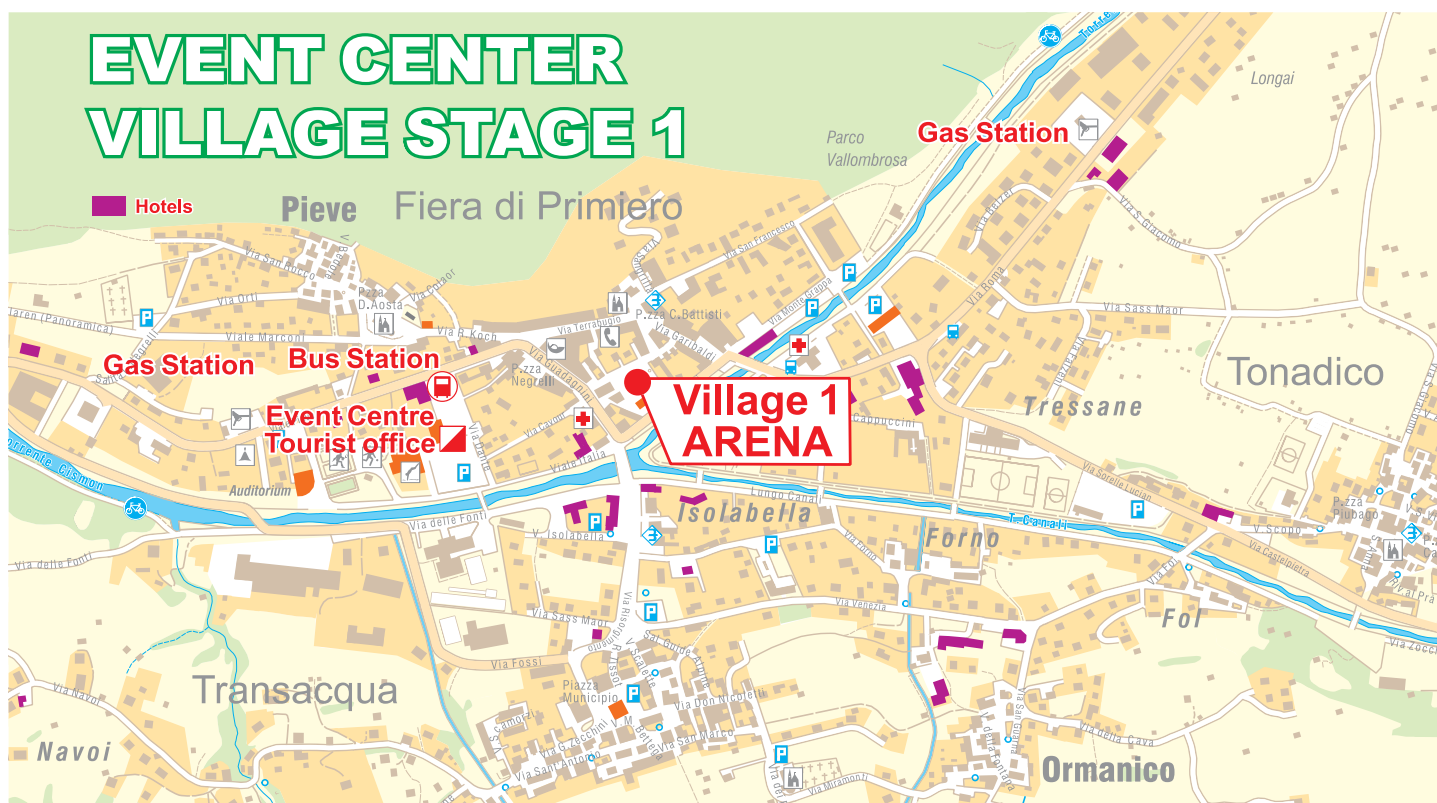
On www.sanmartino.com you will find useful information about the location.



Location



Location



Technical information

VILLAGE STAGE 1

FIERA DI PRIMIERO (Tuesday 4th July 2023)

Distance from Event Center: 0.2km, Town Hall Square of Fiera di Primiero

46.103531 11.494572

Type of race: sprint

Classes:

M/W 10 / 12 / 14 / 16 / 18 / 20 / Elite / 21A / 35 / 40 / 45 / 50 / 55 / 60 / 65 / 70 / 75 / 80

Direct Easy / Direct Difficult

Start:

First start: 14.30

Last time for "free punching start" **15:30** (only Direct and MW10)

Maximum time to complete the course is 60 minutes.

Map details:

Scale 1:4.000 - contour interval 2,5m, map updated in 2023.

Courses:

In the competition area there are some construction sites drawn on the map with the symbol 709

It is forbidden to cross some meadows (marked on the map with the symbol 709)

The outdoor areas where there are tables in bars and restaurants are marked on the map with the 714 symbol.

The traffic is not closed. There will be a crossing of the highway between flag 47 and flag 48, it will be manned by local police officers, and the crossing time "20 sec" will be neutralized. Other crossing is after control 41. **Be careful and pay attention!**

VILLAGE STAGE 2

SAN MARTINO DI CASTROZZA (Wednesday 5th July 2023)

Distance from Event Center (Fiera di Primiero): 13km, 25 minutes by car

Prà delle Nasse sports area (46.261549 11.797417)

Type of race: sprint

Classes:

M/W 10 / 12 / 14 / 16 / 18 / 20 / Elite / 21A / 35 / 40 / 45 / 50 / 55 / 60 / 65 / 70 / 75 / 80

Direct Easy / Direct Difficult

Start:

First start: 10:30

Last time for " free punching start" **11:30** (only Direct and MW10)

Maximum time to complete the course is 60 minutes.

Map details:

scale 1:4.000 - contour interval 2,5m, map updated in 2023.

Courses:

the traffic is not closed. Be careful and pay attention!

Other facilities:

A stand with sandwiches and drinks will be open at the Arena (Hotel Vienna).

VILLAGE STAGE PRICE GIVING CEREMONY

At the competition arena in San Martino di Castrozza, after the second village stage there will be the price giving ceremony. The overall results will be calculated with the sum of the times of the 2 races, only if they are all done in the same category (the change of category in a race excludes from the overall results).

The first 3 MW elite athletes, all MW10 / MW12 will be awarded and the first classified in all the other categories.



STAGE 1

COL MARGHERITA (Thursday 6th July 2023)

Distance from Event Center (Fiera di Primiero): 50km,
75 minutes by car + 10 min by cable car

Parking area: at cable car station Col Margherita
Passo San Pellegrino (46.377973 - 11.802226)

Cable car timetable: 09:00 - 17:30

Tickets: payment of the ticket together with the registrations

Type of race: long

Start 1 and Start 2:

First start: 10:30

From Rifugio Col Margherita **START1 5min; START2 10min**

Last time for "free punching start" 12:30. (only Direct and MW10)

Maximum time to complete the course is 150 minutes.

Classes:

START 1: M/W 14 / 16 / 18 / 20 / Elite / 21A / 21B / 35 / 40 / 45 / 50 / 55 / 60 / 65 / M 70

Direct Difficult Long-Short

START 2: M/W 10 / 12 / W 70 / MW 75 / MW 80

Direct Easy Long-Short

Finish to arena:

After the finish SI-card downloading must be done at the race office near Rifugio Col Margherita following the marked route (850m with 140 climb)

Map details:

Scale 1:5.000 for M/W 10 / 12 / Direct Easy Short

Scale 1:7.500 for MW 50 / 55 / 60 / 65 / 70 / 75 / 80 / Direct Easy Long

Scale 1:10.000 for all the others; contour interval 5m. It is a new map created in 2022 enlarging the map of Passo Valles. It has a very detailed morphology and it is without forest.

Courses:

After a period of little rain some lakes at higher altitudes may be without water but clearly distinguishable by the black earth base.

Be careful:

Rifugio Col Margherita is located at an altitude over 2500m, and the race area is between 2200m. and the 2600m. In case of bad weather the temperature can drop very quickly and visibility can be limited. **We recommend suitable mountain clothing!!!**

Refreshment:

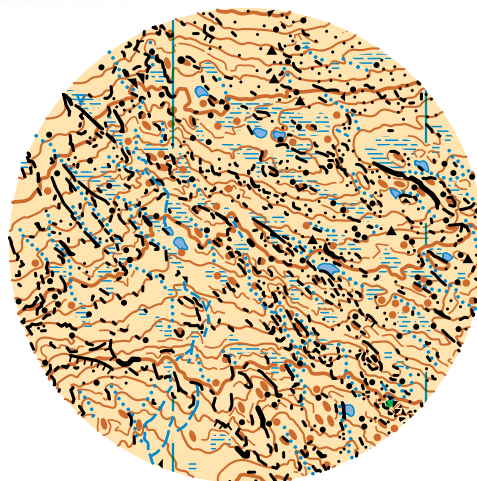
A refreshment point is planned for the longer categories. This will be placed approximately after about 2/3 of the race. If it is very hot, pay attention and, if necessary, provide for yourself.

Taped route:

For those starting from start 1 there will be a taped route to facilitate the steep descent among the rocks.

Other facilities: Toilets, bar, kindergarden, orienteering shops (parking cablecar) and a restaurant at Rifugio Col Margherita - are available at the arena.

You can find the number bibs at the event center, at the arenas and at the cable car parking on the 6th of July.



STAGE 2 VAL VENEGIA (Friday 7th July 2023)

Distance from Event Center (Fiera di Primiero): 33km, 55 minutes by car

Parking: near or max 20 min by walk to the finish arena (46.322302, 11.795483).

It's free, you will get the ticket by the organisation once there.

Type of race: middle

Classes:

M/W 10 / 12 / 14 / 16 / 18 / 20 / Elite / 21A / 21B / 35 / 40 / 45 / 50 / 55 / 60 / 65 / 70 / 75 / 80

Direct Easy Long-Short / Direct Difficult Long-Short

Start:

First start: 10:30

Last time for "free punching start" 12:30 (only Direct and MW10).

Maximum time to complete the course is 120 minutes.

Map details:

Scale 1:5.000 for M/W 10 / 12 / Direct Easy Short

Scale 1:7.500 for M/W 50 / 55 / 60 / 65 / 70 / 75 / 80 / Direct Easy Long

Scale 1:10.000 for all the others; contour interval 5m, map updated in 2019 rev.2023

Coniferous forest characterized by good visibility. Presence of many details and complex contour lines.

Be careful:

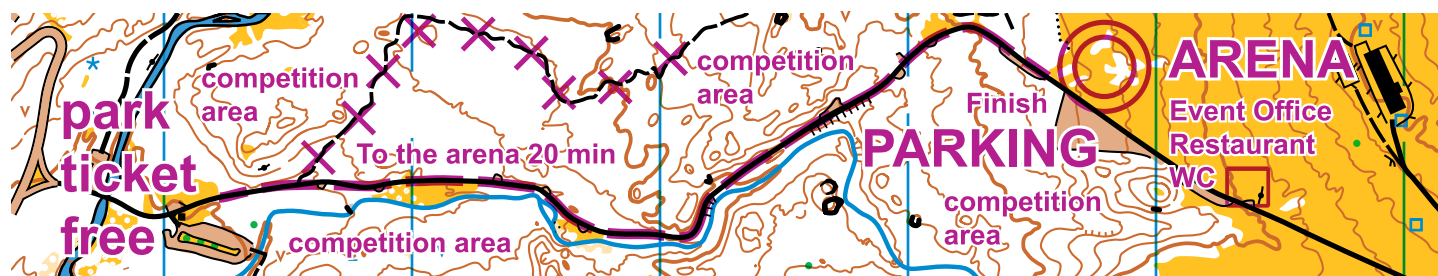
For many categories there will be a crossing of a stream marked on paper and supervised, pay attention.

Other facilities:

Toilets, bar, kindergarden, orienteering shops and a restaurant "Malga Venegia" - are available at the arena.

Tends:

Around the finish arena there is no place for club tents.



STAGE 3: PASSO ROLLE (Saturday 8th July 2023)

Distance from Event Center (Fiera di Primiero): 20km, 40 minutes by car.

Parking area: Passo Rolle (46.2962621 - 11.7837211)

Type of race: middle for **WRE categories** and middle/long for other categories.

Classes:

M/W 10 / 12 / 14 / 16 / 18 / 20 / Elite / 21A / 21B / 35 / 40 / 45 / 50 / 55 / 60 / 65 / 70 / 75 / 80

Direct Easy Long-Short / Direct Difficult Long-Short

Start:

First start 10:30 - Maximum time to complete the course is 150 minutes.

Last time for "free punching start" 12:30. (only Direct and MW10)

Finish:

Near Chalet la Baita (Busa Ferrari).

Map details:

Scale 1:5.000 for M/W 10 / 12 / Direct Easy Short

Scale 1:7.500 for M/W 50 / 55 / 60 / 65 / 70 / 75 / 80 / Direct Easy Long

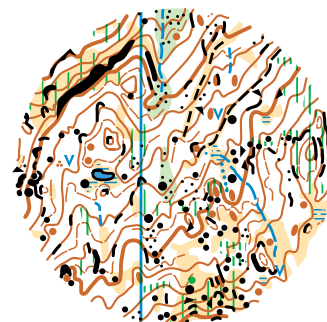
Scale 1:10.000 for all the others; contour interval 5m.

It is an old map created in 2008 (JWOC long distance race 2009) updated in 2022. It has a very detailed morphology and it is mostly forest with some semi-open areas.

Other facilities:

Toilets, bar, kindergarden, orienteering shops and a restaurant at Chalet la Baita are available at the arena.

After the "BIG STORM VAIA" in Autumn 2018 fallen trees are still in the forest and are marked with green lines on the map! There are several single fallen trees that are not marked. Be careful!



DOLOMITI 3 DAYS PRICE GIVING CEREMONY

The overall ranking will be calculated with the sum of the times of the 3 races, only if they are all done in the same category (the change of category in a race excludes from the overall results)

The best 6 of the WRE elite race, the top 3 of the 3 Days of Dolomites and all the MW10 MW12 present at the award ceremony will be awarded.



OTHER TECHNICAL INFORMATION

ENTRIES

<https://www.dolomiti3days.com/entries/> - <https://www.orienteeringonline.net>
deadline 2 30.04.2023 deadline 3 23.06.2023

After 25th June and during the competition days it will be possible to sign up ONLY in the DIRECT categories until 12:00 for the Village Stages and until 10:00 for the 3 DAYS OF DOLOMITES. Any changes to the entries will be possible with an extra charge of € 5,00.

TIMING AND PUNCHING SYSTEMS

SportIdent punching and timing system are used, with Air+ system activated in all races. Finish station included. Classic SportIdent can also be used. SIACs (Air+) are not available to rent."

FINISH PROCEDURE

Every single athlete, even if withdrawn, at the end of the race, has to reach as soon as possible the arrival tent and download the SI-card.

In case of SI malfunction you have to punch in the reserve box on the competition map. Manual punching devices are at the control stay. Competitors must report any problems with the controlling and punching at the finish. Athletes can either use their own SI-card or rent it at 2,00 € a day (you will also need to leave your ID as a caution). If you use a rented SI-card, you have to return it after completing your last race; if you do not return the chip or miss it you will be charged an extra cost of € 40,00.

NUMBER BIBS

The number bib is different for the Village Stages (yellow) and for the 3 days (blue) - please take care of it and wear it on each race. Each bib has the competitors name, class and starting time of each race.

You can find the number bibs at the event center, at the arenas and at the cable car parking on the 6th of July.

CONTROL DESCRIPTIONS

Control descriptions will be printed on maps and will be available at the start.

KINDERGARTEN

The kindergarten is open from 9.30 am to 2.30 pm at the finish arena of all the races of the Dolomites 3 days.

RESPECT FOR THE ENVIRONMENT

Please, do not drop litter in meadows and woods.

Leave glasses and plastic bottles in the appropriate containers at the start, the refreshment points and at the finish area. Dedicated containers will be available for plastic items.

WEBSITE / MORE INFO

The link of official website of the event is the following: <https://www.dolomiti3days.com>
We recommend to take a look at it for further information not included in this bulletin.

**SNOW CANNONS ARE NOT
MARKED ON THE MAPS:**



Course Summary for Primiero O Week 2023 Village Stage #1

Course	Controls	Length	Climb
M21 Elite	27	4,1 km	65 m
M20-MA-M35-W21 Elite	26	3,7 km	55 m
M40-WA-W35	24	3,5 km	50 m
M18-M45-W20-W40	26	3,5 km	55 m
M16-M50-W18-W45	24	3,4 km	50 m
M55-W16	23	3,3 km	45 m
M60-M65-W50-W55	24	2,7 km	40 m
M70-M75-W60-W65	23	2,6 km	35 m
M80-W70-W75-W80	20	2,4 km	30 m
M14-W14	24	2,6 km	40 m
M12-W12	23	2,3 km	30 m
M10-W10-Direct Easy	20	2,2 km	30 m
Direct Difficult	23	2,7 km	40 m

Course Summary for Primiero O Week 2023 Village Stage #2

Course	Controls	Length	Climb
M21Elite	21	3,8 km	90 m
M20 MA M35 W21Elite	20	3,4 km	80 m
M40 WA W35	17	3,2 km	75 m
M18 M45 W20 W40	15	3,1 km	70 m
M50 W45 M16 W18	14	3,0 km	70 m
W16 M55	16	2,7 km	45 m
M60 M65 W50 W55	13	2,4 km	45 m
M70 M75 W60 W65	12	2,1 km	35 m
W70 W75 W80 M80	11	1,7 km	30 m
M14 W14	12	2,6 km	50 m
M12 W12	11	1,8 km	25 m
M10 W10 DirEasy	8	1,5 km	25 m
Dir Difficult	12	2,6 km	55 m

Course Summary for Primiero O Week 3 Days # 1

Course	Controls	Length	Climb
M16	12	4,3 km	100 m
M Elite	30	9,4 km	370 m
W12-M12	9	1,4 km	60 m
W10-M10	7	1,1 km	45 m
W50 - M65	12	3,3 km	90 m
W Elite - M35	22	7,1 km	240 m
W14 - M14 - WB	14	2,8 km	45 m
M18 - M40	19	6,6 km	200 m
W16 - MB	15	4,1 km	100 m
W18 - WA	14	4,8 km	85 m
M20 - M21A	22	7,2 km	230 m
W20 - M45	18	5,5 km	155 m
W70-W75	9	1,7 km	60 m
W60 - W65	12	2,4 km	40 m
W35	17	4,9 km	110 m
M50	17	4,9 km	110 m
W40	14	4,5 km	90 m
M55	14	4,5 km	90 m
M60	11	3,8 km	80 m
W45	11	3,8 km	80 m
W55 - M70	14	3,0 km	75 m
W80 - M75 - M80	8	1,6 km	50 m
DIRECT easy short	9	1,2 km	55 m
DIRECT easy long	11	2,7 km	120 m
DIRECT difficult short	15	4,5 km	95 m
DIRECT difficult long	17	6,3 km	200 m

Course Summary for Primiero O Week 3 Days #3

Course	Controls	Length	Climb
W10 - M10	7	1,2 km	30 m
W12 - M12	9	1,4 km	35 m
W14 - M14 - WB	11	2,2 km	80 m
M16	16	3,7 km	155 m
M18 - M40	18	4,7 km	190 m
M Elite	20	5,0 km	240 m
W Elite - M35	17	4,3 km	200 m
W16 - MB	15	3,2 km	115 m
W18 - WA	14	3,7 km	130 m
M20 - M21A	19	4,9 km	230 m
W20 - M45	19	4,6 km	185 m
W70 - W75	11	1,9 km	35 m
W60 - W65	11	2,5 km	90 m
W35	18	4,5 km	185 m
M50	18	4,5 km	185 m
W40	15	3,8 km	155 m
M55	15	3,8 km	155 m
M60	14	3,1 km	120 m
W45	14	3,1 km	120 m
W50 - M65	13	3,0 km	115 m
W55 - M70	14	2,7 km	95 m
W80 - M75 - M80	12	2,0 km	45 m
DIRECT easy short	10	1,5 km	20 m
DIRECT easy long	12	2,4 km	80 m
DIRECT difficult short	14	2,9 km	110 m
DIRECT difficult long	16	4,1 km	170 m

PRIMIERO O WEEK – 3 DAYS # 2 (Val Venegia)

	controls	km	climb
M 10 - W 10	7	1,7	60
M 12 - W 12	9	2,2	70
M 14 - W 14 - W 21 B	9	2,5	85
M 16	11	3,1	95
W 16 - M 21 B	12	2,8	105
M 18 - M 40	14	3,4	130
W 18 - W 21 A	14	3,2	140
M 20	15	3,7	135
M 21 A	15	3,7	135
W 20 - M 45	12	3,4	140
M Elite	19	4,8	175
W Elite - M 35	16	3,7	150
W 35 - M 50	13	3,4	150
W 40 - M 55	12	3,2	135
W 45 - M 60	14	3	110
W 50 - M 65	12	2,8	105
W 55 - M 70	12	2,7	100
W 60 - W 65	11	2,4	80
W 70 - W 75	10	2,2	100
M 75 - M 80 - W 80	10	2,1	85
DIRECT easy short	11	2,3	70
DIRECT easy long	13	3,5	85
DIRECT difficult short	10	2,4	95
DIRECT difficult long	14	3,6	110

ENJOY !
STAFF PRIMIERO O WEEK 2023

